KMCT COLLEGE OF ALLIED HEALTH SCIENCES MUKKOM, KOZHIKODE, KERALA DEPARTMENT OF PHYSIOTHERAPY THIRD YEAR BPT

COMMUNITY MEDICINE- QUESTION BANK

ESSAY [15 MARKS]

- 1. Explain in brief about the various concepts of disease prevention [6] and various levels of disease prevention [9].
- 2. Define epidemiology [2]. Add a note on its Aims and Uses [3]. Write about the components of epidemiology [3], Infectious disease epidemiology, Dynamics and modes of disease transmission [5] and basic features of epidemiology [2].
- 3. Enlist the common health problems faced by Pregnant and Lactating Mother. Describe the Effects of Asthma and Epilepsy upon pregnancy and measures to control it. Add a note on the drugs to avoid during pregnancy. [4+8+3]
- 4. Define Family Planning. Brief on the objectives and elements of family planning. Add a note on its health benefits to the mother, child and family. What are the types of Family Planning Methods and explain briefly about the natural method and Permanent sterilisation with a note on its Advantages and Disadvantages. [1+2+3+2+7]
- 5. Describe the concept "Natural History of Disease" with the help of a schematic diagram.
- 6. Mention the levels of prevention and modes of intervention
- 7. Define health according to WHO and add a note on its Merits/Demerits. Explain in detail the ancient and the modern concepts of health. Brief on physical and mental dimensions of health. [3+8+4]
- 8. Define health education. Add a note on its aims and objectives. Write in detail about its approaches and principles.

- 9. Discuss in detail the common discomforts under various systems of body faced by a pregnant woman.
- 10. Define antenatal care and explain the objectives of it in detail. What are the ANC services add an elaborate note on it.
- 11. Define mental health. What are the characteristics of a mentally healthy person and warning signals of poor mental health. Write down the causes and symptoms of mental illness. Define psychosis and neurosis, differentiate their characteristics.
- 12. Define Pneumoconiosis. Describe in detail about Silicosis, Asbestosis and Anthracosis.
- 13. Define protein energy malnutrition. Explain in detail Kwashiorkor and Marasmus, its etiology, clinical manifestations, treatment and prevention.
- 14. Write in detail the epidemiology of coronary heart disease, signs & symptoms, modifiable and non modifiable Risk Factors [7]. Describe in detail the rehabilitation and preventive measures.[8]
- 15. Define contraception, mention various family planning methods and explain in detail about mechanical methods, its advantages and disadvantages.
- 16. Describe Etiology, incidence, risk factors, types, clinical features, complications, management and prevention measures for TETANUS.
- 17. Write in detail about the etiology, Epidemiology [Agent, Host & environmental factors], incubation period, pathogenesis, clinical features, complications, investigations/diagnostic measures, medical management of TUBERCULOSIS.
- 18. Describe in detail about the objectives, segregation, categorization, coding, objectives, Rules, treatment/disposal of Hospital waste and explain the various logistics/rationales involved in hospital waste management.
- 19. Describe the various Health Problem of the aged. Suggest remedial measures
- 20. Define family planning. Describe the various contraceptive methods.
- 21. Define Epidemiology. What is the use of doing epidemiological studies?

- 22. Define Infant mortality rate. Mention the various factors responsible for IMR. What measures have been taken to prevent IMR.
- 23. Explain the epidemiology of poliomyelitis. Add a note on epidemiological basis for poliomyelitis eradication.
- 24. Explain elements of cohort study. Mention the main differences between case control and cohort studies.
- 25. Define demography. Explain the demographic cycle. Add a note on couple protection rate (CPR).
- 26. Enumerate Nutritional Disorders in India. Write in brief Epidemiology and prevention of protein Energy Malnutrition.
- 27. Define Maternal Mortality rate. Write in brief preventive and social measures to reduce the same.
- 28. What are the contents and principles of Health education?
- 29. Define epidemiology. Mention the principles of epidemiology. Describe various epidemiological studies.
- 30. Define health. Explain dimension and indicators of health.
- 31. Enumerate the national health programmes. Explain national leprosy eradication programme.
- 32. Describe various health programmes. Explain national tuberculosis programme.
- 33. Write briefly about the types of disaster and what are the principles in disaster management
- 34. Define leprosy. Write the WHO classification of leprosy. Discuss the epidemiology and treatment of leprosy.
- 35. List the principles of health education, methods of communication and the role of health education in rehabilitation services.
- 36. Describe the application of levels of prevention in Poliomyelitis and write in detail the Immunization for polio including the Pulse Polio Program.

- 37. Define family. What are the different types of families? Write about the role of family in community based rehabilitation.
- 38. What is health education. Write down the principles of health education.
- 39. Discuss the role of health education in rehabilitation services.
- 40. Define Leprosy. Discuss the epidemiology and management of leprosy.
- 41. Describe the epidemiology, prevention and control of Tuberculosis. Add a note on RNTCP
- 42. List out the nutritional problems in Public Health. Describe in detail the Protein Energy Malnutrition.
- 43. Explain the types of Communication. Discuss the role of physiotherapist in health education.
- 44. Discuss the health problem due to Industrialization. List out the measures for health protection of workers.
- 45. Classify protein energy malnutrition. List out the causes and preventive measures at family, national and international level.
- 46. What are the benefits enjoyed by workers under the Employee State Insurance scheme?
- 47. Write down the principals of health education. Discuss the role of health education in rehabilitation service.
- 48. Discuss the epidemiology of Leprosy. Describe the rehabilitation measures for a patient with unilateral foot drop due to leprosy.
- 49. Discuss in detail the problem of occupational cancer. List out the control measures for control of occupational cancer.
- 50. Define Handicap. Classify handicapped children. Describe the approaches to prevent handicap in children.
- 51. Define Accident. List out the types of Accidents. Write a note on the prevention of Accidents.

- 52. Discuss in detail the health problems of the aged and the life style changes needed for healthy ageing.
- 53. Discuss the various modes of transmission of communicable diseases with suitable examples.
- 54. Discuss the problem of Road Traffic Accidents in India. Explain in detail the risk factors and prevention of Road Traffic Accidents.
- 55. Discuss in detail the control and prevention of locomotor disability and Rehabilitation strategies under National Vector borne Disease Control Programme.
- 56. Define Bio-medical waste. List out the sources of health care waste. Discuss in detail the health hazards of health care waste.
- 57. Discuss in detail the control and prevention of locomotor disability and rehabilitation strategies under national programme for prevention and control of cancer, diabetes, cardiovascular disease and stroke.
- 58. What are the benefits enjoyed by workers under the Employee State Insurance Scheme?
- 59. Discuss in detail the control and prevention of locomotor disability and rehabilitation strategies under National Leprosy Eradication Programme.
- 60. Discuss the Health care delivery system in India. Discuss the importance of Multi sectoral coordination in primary health care.
- 61. Discuss the epidemiology of Diabetes Mellitus and write in detail about the control and prevention of the same.
- 62. Write about the epidemiology, prevention and control of Anterior Polio Myelitis.
- 63. Define Emporiatrics. Explain in detail the health advice given to international travelers.
- 64. Discuss in detail about the various occupational hazards and diseases caused by various agents

SHORT ESSAY [10 MARKS]

- 1. Community nutrition programmes
- 2. Describe in detail the epidemiology, pathophysiology, clinical features, co morbidities, investigations and management of COVID-19. Add a note on preventive measures.
- 3. Elaborate on the epidemiology of Rheumatic heart disease and Prevention measures and strategies.
- 4. Write the elements of family planning. Add a note on its health benefits to the mother, child and family. What are the types of Family Planning Methods and explain briefly about the natural method, intra uterine device and hormonal contraception with a note on its Advantages and Disadvantages.
- 5. Explain in detail the types of practices of health education.
- 6. What are the 3 fundamental Aspects of disaster management and explain in detail about the disaster impact and response.
- 7. Explain nutritional problems in India. Brief on Protein Energy Malnutrition and Low birth weight.
- 8. Write in brief about the measures for health promotion of workers and discuss about various medical, mechanical and legislative measures of prevention in occupational health.
- 9. Discuss in detail about the preventive care in elderly and mention briefly about National Program of Health care for the Elderly.
- 10. Explain in detail the role of physiotherapy in mental health.
- 11. Describe in detail the purpose, components and role of physiotherapist in psychiatric rehabilitation. Add a note on role of physiotherapist in preventing community mental health disorders.
- 12. Elaborate on stages of disease [4] and various modes of intervention at each stages [6].
- 13. Concepts of disease control [3] and explain in detail about disease eradication and its framework [7].

- 14. Explain Ronald Hattis (draft stage as on 2012) Classification according to stages of disease [4] and discuss it in detail with type 2 diabetes disease [6].
- 15. Explain the aims of screening program and criteria for selecting disease for screening [2], uses of screening [2], types of screening [2], risk of screening [2] and add a note on specificity and sensitivity in screening test's [2].
- 16. Define PNEUMONIA. Enlist its Etiology, Danger signs and complications. Explain in brief about treatment and prognosis.
- 17. Detail the Clinical Assessment and Management & Control of ACUTE RESPIRATORY INFECTION.
- 18. Describe in detail the epidemiology, pathophysiology, clinical features, co morbidities, investigations and management of COVID-19. Add a note on preventive measures.
- 19. Explain in detail the role of physiotherapist in health education of the public.
- 20. Explain the sources of hospital waste and health hazards caused out of it and its preventive measures.
- 21. Explain in detail the role of physiotherapist in mental health problems especially in anxiety and sleep disorders.
- 22. Define CAD, explain the predisposing risk factors [modifiable & Non modifiable] and describe the prevention of CAD [primary, primordial & secondary]
- 23. Define ASCARIASIS, describe the life cycle, risk factors involved, complications, management and its prevention.
- 24. Elaborate on natural history of disease [4] and various modes of intervention at each stages [6].
- 25. Concepts of disease control [3] and explain in detail about disease eradication and its framework [7].
- 26. Explain Ronald Hattis (draft stage as on 2012) Classification according to stages of disease [4] and discuss it in detail with type 2 diabetes disease [6].

- 27. Define Health and Public Health [3]. Write in detail about the phases of public health[5]. List the achievements of public health system as on date [2].
- 28. Enlist the common health problems faced by Pregnant & Lactating Mother and common Infant and Child Health Problems. Explain about the 5 aspects of care of Pre School Childrens.
- 29. What are the health problems of old age. Explain the non pharmacological measures to prevent diseases and Add a note on the levels of prevention in geriatric population.
- 30. Role of UNICEF.
- 31. Prevention of foot ulcers in Leprosy.
- 32. Intra uterine contraceptive device.
- 33. Define disaster & classify it. Describe in detail about the emergency preparedness and Disaster management plan.
- 34. Define pollution & types of pollution. Detail on solid waste management. Elaborate on principles of pollution control and its various strategies.
- 35. Explain National Family Welfare Program implemented by Govt. of India.
- 36. Describe in detail the epidemiology, pathophysiology, clinical features, co morbidities, investigations and management of COVID-19. Add a note on preventive measures.
- 37. Elaborate on stages of disease [4] and various modes of intervention at each stages [6].
- 38. Explain the aims of screening program and criteria for selecting disease for screening [2], uses of screening [2], types of screening [2], risk of screening [2] and add a note on specificity and sensitivity in screening test's [2].
- 39. Define epidemiology. Explain in brief the epidemiological triad. Elaborate on the Natural history of disease and modes of intervention. [2+3+5]
- 40. Define health & Ecology. Explain the ecology of health and how its been altered. [3+7]
- 41. Enlist the common Infant and Child Health Problems. List and Explain about the 5 aspects of care of Pre School Childrens. [4+6]

- 42. Define Occupational Disease. Brief on the aims of Occupational Health. What are the Measures for prevention of Occupational Hazards Explain in detail. [1+3+6]
- 43. Elaborate on National Tuberculosis programme and National AIDS control programme. [5+5]
- 44. What are Biomedical Wastes and Classify them.Brief on the Objectives of hospital waste management. How are Bio Waste categorised and treated/disposed categorically. Add a note on Life Cycle of Waste Management by waste handlers. [2+1+5+2]
- 45. Functions of family
- 46. Pulse polio immunization
- 47. Child health programmes
- 48. Uses of a growth chart
- 49. Models of health education
- 50. Functions of world health organization
- 51. Postnatal care
- 52. Demographic cycle
- 53. Screening for cancers
- 54. Explain the measures for health protection for workers. Add a note on ESI act.
- 55. Barrier methods of Family Planning
- 56. Epidemic
- 57. Determinants of Health
- 58. Principles and control of Hepatitis B
- 59. What are the aims and objectives of under five clinics
- 60. Causes of Blindness in India
- 61. Prevention of Hypertension

- 62. Prevention of HIV/AIDS
- 63. Water borne diseases
- 64. ICDS
- 65. Field level classification of leprosy. Mention the drugs used in the management of leprosy.
- 66. Rehabilitation
- 67. Nutritional problems in public health
- 68. Approaches to health education
- 69. Define Biomedical waste. Mention the various treatment and disposal technologies for healthcare waste
- 70. Define Avitaminosis. Explain in detail beriberi, pellagra and folate deficiency anaemia and its prevention.
- 71. Enlist the major nutritional programs in India. Explain Integrated Child Development Services Scheme (ICDS), Balwadi Nutrition Programs (BNP) and National Nutritional Anaemia Prophylaxis Program (NNAPP).
- 72. Remedial benefits under ESI Act
- 73. Uses of Epidemiology
- 74. Role of physiotherapists in prevention of Mental Retardation
- 75. Biological Transmission of Disease through vectors
- 76. What is primordial prevention? Explain with suitable examples
- 77. Pneumoconiosis
- 78. Iodine deficiency disorders
- 79. Job description of Multipurpose Health worker Female
- 80. Community nutrition programmes

- 81. Screening for cancers
- 82. Disaster management
- 83. Pulse polio immunization
- 84. Causes of maternal mortality
- 85. National family welfare programme
- 86. Models of health education
- 87. Sources of hospital waste
- 88. Postnatal care
- 89. Distinguish between Marasmus and Kwashiorkor.
- 90. Risk factors in Coronary Vascular Accidents.
- 91. Primordial Prevention.
- 92. Clinical spectrum of poliomyelitis.
- 93. Indian Red Cross.
- 94. National AIDS control programme
- 95. List out the principles of health education
- 96. Prevention of cerebrovascular accidents
- 97. National diabetes control programme.
- 98. Prevention of foot ulcers in leprosy.
- 99. National Nutritional Anaemia Prophylaxis Program.
- 100. Health problems of the geriatric age group.
- 101. Physical Quality of Life Index.
- 102. Natural history of disease.
- 103. World Health Organization.

- 104. Health messages for the public for control of HIV
- 105. Monitoring & surveillance
- 106. Incidence & prevalence
- 107. Biases in case-control study
- 108. BCG vaccine
- 109. Indirect modes of transmission
- 110. Classical Dengue fever
- 111. Define screening and uses of screening
- 112. Preventive and social measures to reduce maternal mortality
- 113. Mosquito control measures
- 114. Mode of transmission of disease with examples.
- 115. Risk factors for Cardio Vascular Diseases.
- 116. Prevention of Occupational Hazards.
- 117. Cancer registry.
- 118. Oral Rehydration Salt solution
- 119. Measles vaccine
- 120. Vitamin A Prophylaxis Programme
- 121. Foot Care in Diabetes
- 122. Neurolathyrism
- 123. Acculturation
- 124. Spectrum of disease
- 125. Principles of health education
- 126. Primordial prevention

- 127. Clinical spectrum of poliomyelitis
- 128. Body Mass Index
- 129. Primary Health Care
- 130. Diet survey
- 131. Modes of transmission of diseases
- 132. Prevention of rheumatic heart disease
- 133. Role of family in Rehabilitation services
- 134. Acute Flaccid paralysis
- 135. National Immunization Schedule
- 136. Blanket treatment
- 137. Health effects of smoking
- 138. Lead Poisoning.
- 139. Levels of prevention with examples.
- 140. Epidemiological triad.
- 141. Infant mortality rate.
- 142. Balanced diet.
- 143. Anganwadi Worker.
- 144. Risk factors for Hypertension.
- 145. Bio Medical Waste Management.
- 146. Census.
- 147. Nutritional health problems.
- 148. Sickness absenteeism.
- 149. Insecticide treated Bed nets.

- 150. Household purification of water.
- 151. Causes and intervention for skeletal fluorosis.
- 152. Role of caregivers in community based rehabilitation.
- 153. Discuss DOTS strategy in control of Tuberculosis.
- 154. Staff & functions of primary health centre.
- 155. Food adulteration.
- 156. Prevention of Occupational Lung Diseases.
- 157. Types of Families.
- 158. Quarantine.
- 159. Triage.
- 160. Risk factors for Diabetes.
- 161. Disability adjusted life years.
- 162. Types and advantage of mass media in communication.
- 163. Causes and prevention of accidents in industry.
- 164. Broken family.
- 165. Services delivered in ICDS centre.
- 166. Rule of halves in hypertension.
- 167. Health care delivery system in India.
- 168. Pre-placement examination.
- 169. Communication Barrier.
- 170. Vitamin D deficiency.
- 171. Health hazards of passive smoking.
- 172. Prevention of foot ulcers in diabetes.

- 173. Triage in Disaster management.
- 174. Explain the role of physiotherapist in Industrial Health.
- 175. Aims of Epidemiology.
- 176. Intra Uterine Contraceptive Devices.
- 177. Objectives of Antenatal Care.
- 178. Disinfection of Well.
- 179. Early signs of Cancer.
- 180. Post Exposure Prophylaxis.
- 181. State Blindness control society.
- 182. Explain the role of physiotherapist in poliomyelitis.
- 183. Analytical Epidemiology.
- 184. Oral Contraceptives.
- 185. Danger signs in Newborn.
- 186. Effects of Air Pollution.
- 187. Social Therapy in Sexually Transmitted Diseases.
- 188. Red ribbon club.
- 189. Rehabilitation Council of India.
- 190. Explain the role of physiotherapist in ageing.
- 191. Principles of Epidemiology.
- 192. Hormonal Contraceptives.
- 193. Warning signs in pregnancy.
- 194. Modern sewage treatment plant.
- 195. Obesity control and prevention.

- 196. Personal protective equipments.
- 197. Institutional based rehabilitation.
- 198. Ice-berg phenomenon.
- 199. Prevention of Xeropthlmia.
- 200. Explain the crucial behavioural characteristics in the life cycle of human beings. Describe the prevention & early intervention planning and community service & supports plan in dealing with mental illness.
- 201. Define Occupational disease, aims of occupational health and write in detail about prevention measures.
- 202. Warning signals of poor mental health.
- 203. Types of communication.
- 204. Elements of primary health care.
- 205. UNICEF.
- 206. Health problems of the aged.
- 207. Factors affecting infant mortality.
- 208. Functions of family.
- 209. Ergonomics.
- 210. Herd immunity.
- 211. Oral rehydration solution.
- 212. Health hazards of noise pollution.
- 213. National nutritional anaemia prophylaxis programme.
- 214. Kangaroo mother care.
- 215. Modifiable risk factors for hypertension.
- 216. Anthracosis.

- 217. Filaria control program.
- 218. 'Healthful school environment' under school health services.
- 219. Levels of health care.
- 220. Elaborate on stages of disease and modes of intervention.
- 221. Write in detail about the disease control.

SHORT NOTES [3 MARKS]

- 1. Risk factors for coronary heart disease.
- 2. Control of Typhoid fever
- 3. Concepts of disease control
- 4. Define Disease, Impairment, Disability and Handicap.
- 5. Categories of biomedical waste.
- 6. Treatment of hospital waste.
- 7. Good practices before and after hospital waste transportation.
- 8. BCG vaccine
- 9. Define Incidence and prevalence
- 10. Epidemiological triad
- 11. Mention the various methods of mosquito control measures
- 12. Mention the various components under RCH programme.
- 13. Objectives of post-natal care
- 14. Composition of ORS
- 15. Classification of foods.
- 16. Window period

17. Modes of transmission of Rabies 18. Growth chart 19. Deformities in Leprosy 20. Critical path Method 21. Aedes Aegypti Index 22. Triage in Disaster management 23. Record linkage 24. Universal Barrier precautions 25. Case fatality rate 26. Signs of Vitamin C deficiency and its prevention 27. Uses of descriptive epidemiology 28. Diagram of disaster cycle 29. Define epidemic 30. Two uses of growth chart 31. Passive surveillance Mention the vaccines under universal immunization programme 33. Physical quality of life index(PQLI) 34. Essential New-born care 35. Dietary needs of pregnant women 36. Crude death rate Importance of nutrition during pregnancy 37. 38. Methods of waste disposal 39. Mention the three methods of Diet Survey

- 40. Residual chlorine
- 41. No Scalpel vasectomy
- 42. Man Made Malaria
- 43. Deformities in leprosy
- 44. Tertiary level of prevention
- 45. Sources of air pollution
- 46. DOTS
- 47. Warning signals of cancer
- 48. National family welfare programme
- 49. Odd ratio
- 50. Complication of hypertension
- 51. Child abuse
- 52. Vitamin A prophylaxis
- 53. Prevention of iron deficiency anemia
- 54. Street and fixed virus
- 55. Nosocomial infection
- 56. National policy programme
- 57. Window period in HIV
- 58. Incineration
- 59. Classification of food
- 60. Antenatal care
- 61. Balanced diet
- 62. Define disability

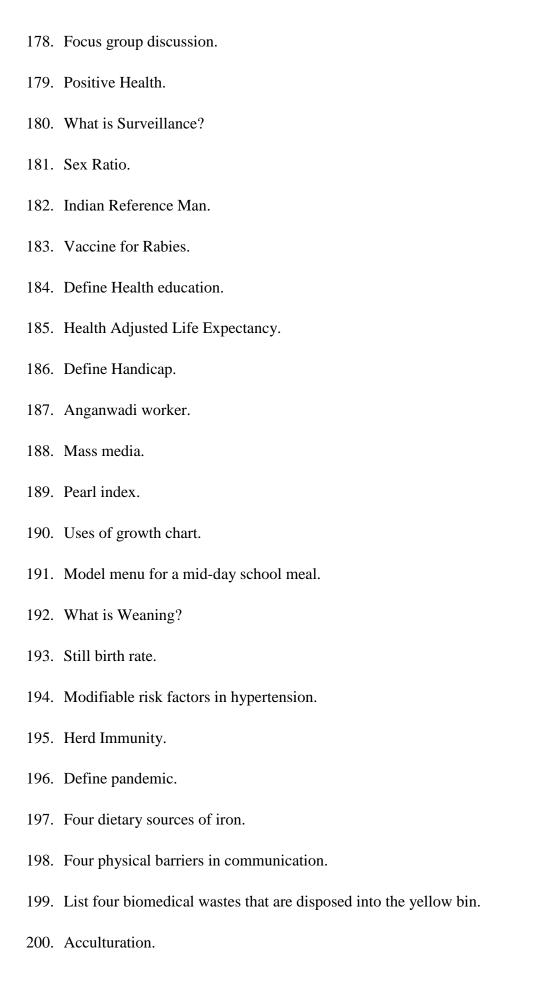
- 63. List out four vitamin D rich sources
- 64. Models of health education
- 65. Polio viruses and vaccines
- 66. Prevention of occupational lung diseases
- 67. Types of mental illness
- 68. Waist hip ratio
- 69. Waste disposal management
- 70. Three cleans in the prevention of neonatal tetanus.
- 71. Cycles of transmission of Japanese Encephalitis virus.
- 72. Maternity benefits under ESI act.
- 73. Hind Khust Nivaran Sangh.
- 74. Major manifestations in Rheumatic Fever.
- 75. Advantages of Oral Polio Vaccine.
- 76. Goitrogens.
- 77. Immunization against measles.
- 78. Vector causing filariasis.
- 79. Name the services under ICDS.
- 80. Kangaroo mother care.
- 81. Factors which influence the incubation period in Rabies.
- 82. Modifiable factors for hypertension.
- 83. Body Mass Index.
- 84. Preventable blindness.
- 85. Four Sources of health statistics.

- 86. Preventable Blindness.
- 87. Acute Flaccid Paralysis.
- 88. Two vector control measures for Chikungunya.
- 89. Cases and carriers.
- 90. Triage.
- 91. Four danger signs of Cancers
- 92. Any two uses of Incubation Period
- 93. Any four functions of Primary Health Centre
- 94. Four health problems due to Industrialization
- 95. Four dietary sources of Calcium
- 96. Four modifiable risk factors for Coronary heart Disease
- 97. Nuclear family
- 98. Physical barriers in Communication
- 99. Bagassosis
- 100. Preplacement examination
- 101. Vitamin A deficiency
- 102. Problem Family
- 103. GOBIFFF
- 104. Sullivan's index
- 105. Passive smoking
- 106. List Four "Vitamin D" rich foods
- 107. Colustrum
- 108. Define infant Mortality Rate

- 109. Four sources of health statistics
- 110. Name the vector for dengue and list out two breeding sources for the vector
- 111. Write two functions of UNICEF
- 112. Bitot's spots
- 113. Define food fortification with an example
- 114. Define Carrier with an example
- 115. Define quarantine
- 116. Define Health.
- 117. Two advantages of Community based rehabilitation.
- 118. Define seminar.
- 119. Define Human Development index.
- 120. List out two vector control measures for malaria.
- 121. Define maternal mortality rate.
- 122. List out two disadvantages of lecture.
- 123. Give two uses of growth chart.
- 124. List out two adverse effects of oral contraceptive pills.
- 125. List out two items to be disposed into the red bin as per
- 126. Bio medical waste management rules.
- 127. List out two breeding places for the vector causing Filaria.
- 128. Define Epidemiology.
- 129. List two advantages of role play in health education.
- 130. Define Ergonomics.
- 131. Define Disaster.

- 132. List out two diseases transmitted by housefly.
- 133. List out four modifiable risk factors for Hypertension.
- 134. Define incubation period.
- 135. Index case.
- 136. Secondary attack rate.
- 137. Four dietary sources of iron.
- 138. Cancer registry.
- 139. Give two examples for food fortification.
- 140. Acculturation.
- 141. Define mitigation.
- 142. Iceberg phenomenon.
- 143. Couple protection rate.
- 144. Advantages of Oral Polio vaccine.
- 145. Define impairment with an example.
- 146. Immunization schedule for an antenatal mother.
- 147. List out two vector control measures for dengue.
- 148. Define symposium.
- 149. Define physical quality of life index.
- 150. List out two advantages of blackboard.
- 151. List out two items to be disposed into blue bin as for bio medical waste
- 152. Management rules.
- 153. Define primary care.
- 154. Two advantages of case control study design.

- 155. Index case.
- 156. List four dimensions of health.
- 157. Define eradication of a disease with an example.
- 158. List four advantages of Intrauterine Contraceptive Device.
- 159. List four Dietary sources of calcium.
- 160. List four social problems.
- 161. Dimensions of health.
- 162. Energy requirement of pregnant and lactating mothers.
- 163. Vaccine for measles.
- 164. Define health promotion.
- 165. Four dietary sources of iron.
- 166. Define disability.
- 167. Accredited social health activist.
- 168. Group health education.
- 169. World Health Organisation definition of Health.
- 170. What is Prevalence?
- 171. Age Pyramid.
- 172. Indian Reference Woman.
- 173. Vaccine for Tetanus.
- 174. Define Health propaganda.
- 175. Disability Adjusted Life Years.
- 176. Define Impairment.
- 177. Medico Social Worker.



- 201. List four health problems of geriatric population.
- 202. Advantages of oral polio vaccine.
- 203. Define cyclo-developmental transmission with an example.
- 204. Primary prevention.
- 205. Definition of health education.
- 206. List the Vitamin A deficiency diseases.
- 207. Disablement benefits under the Employees State Insurance Scheme (ESIS).
- 208. Complications of measles.
- 209. Disability Adjusted Life Years (DALYs).
- 210. Census.
- 211. Modifiable factors for hypertension.
- 212. Third generation IUD
- 213. Vasectomy
- 214. Demographic cycle
- 215. IGNOAPS
- 216. Prevention of Protein Energy Malnutrition
- 217. Accident and Injury prevention.
- 218. National Tuberculosis control program.
- 219. Sleep Hygiene and stimulus control
- 220. COVID-19 Health care delivery system in State level.
- 221. Global warming and greenhouse effect.
- 222. Medical entomology.
- 223. Health hazards of excreta disposal, explain transmission and sanitation barrier.

- 224. What are the Measures for prevention of occupational diseases and explain the medical measures.
- 225. Define occupational health, its Aims & Uses. List the various occupational diseases.
- 226. Blindness control and prevention.
- 227. Dengue fever
- 228. List the Sources and health hazards of solid waste.
- 229. Explain Mechanical [Aerobic] composting.
- 230. Brief on the health hazards due to improper excreta disposal and draw the flow chart of how is carried from excreta.
- 231. Pollution control vs. remediation vs. restoration and brief on three basic elements in Implementing pollution control
- 232. National Program for Prevention of Blindness due to Vitamin A Deficiency.
- 233. Ill health effects of Rohypnol and Ketamine.
- 234. What are the behavioural changes due to Drug abuse and alcoholism.
- 235. Ill health effects of Marijuana and Cocaine.
- 236. Occupational diseases in industries.
- 237. Brief on ergonomics and its uses.
- 238. Small pox.
- 239. Breast feeding complications
- 240. Oxytocin reflex
- 241. Advantages of breast feeding
- 242. Sleep Hygiene and stimulus control
- 243. Dengue & Chikungunya
- 244. Lead poisoning

- 245. Farmers lung
- 246. Circadian rhythm sleep disorder
- 247. Cumulative trauma disorders
- 248. Health care delivery system in State level.
- 249. Demographic cycle
- 250. Abortion
- 251. National nutritional anaemia prophylaxis program
- 252. Dental and skeletal fluorosis
- 253. Clinical features and Examination findings in ACUTE & CHRONIC BRONCHITIS.
- 254. Prevention and control measures for CHOLERA
- 255. Clinical manifestation classification of PERTUSSIS and explain any one stage.
- 256. Prevention and control of SARS
- 257. SWINE FLU infection symptoms in humans and infection control measures.
- 258. Prevention and treatment of DRACUNCULIASIS[GUINEA WORM]
- 259. Reservoir, portal of exit, transmission mode and incubation period of M.LEPRAE
- 260. Pathogenesis of RABIES and incubation to death sequence with period.
- 261. Prevention and control of Methycilin Resistance STAPH. AUREUS
- 262. Pathogenesis and epidemiology of POLIOMYELITIS
- 263. Vector control measures in Dengue
- 264. Enlist surface infections and its preventive measures.
- 265. Enlist the anthropod borne diseases and define malaria.
- 266. Define fertility and write the objectives of family planning.
- 267. Brief on the Breast feeding barriers.

- 268. List the main causes for neonatal mortality and services aimed at reducing it.
- 269. Brief on the respiratory changes in pregnancy.
- 270. Explain the role of socio economic factors in the implementation of the national health programmes.
- 271. What are the criterias for identifying the "at risk" infants.
- 272. Brief on the medical model of health education.
- 273. Enlist the contents of health education and brief on disease prevention and control.
- 274. Brief on disaster mitigation in health sector.
- 275. Explain the measures to be taken during and after an Earthquake.
- 276. Define bioterrorism.Add a note on prevention and treatment of Anthrax.
- 277. Enlist the Health service philosophies and explain any two.
- 278. Web of Disease Causation of Myocardial Infarction.
- 279. Explain the objective Components of well being.
- 280. Aims and objectives of health education
- 281. Alcohol withdrawal syndrome and its management
- 282. Medical entomology
- 283. Disaster impact
- 284. Prevention of Water pollution
- 285. Marasmus and its prevention
- 286. Role of anganwadi workers in community nutrition programme
- 287. Prevention of under 5 mortality rate
- 288. Causes and prevention of infertility
- 289. Health care in pre school childrens

- 290. Four types of causal factors.
- 291. Rod of Asclepius.
- 292. Types of host.
- 293. Define Carriers and write about the types of carriers.
- 294. Compare iceberg to a disease.
- 295. Define surveillance and brief on its types.
- 296. Define health system. List its components and levels.
- 297. Human development index.
- 298. Define Global warming, write on its effects and control measures.
- 299. List the determinants of health and brief on any two.
- 300. Classification of disinfectants.
- 301. Name the immunizing agents and List the hazards of immunization.
- 302. Define Reliability & mention the types of variation. Define validity and list the components of validity.
- 303. Time course of an infectious disease.
- 304. Factors which influence the development of disease.
- 305. Herd immunity/ host immunity.
- 306. List & Define the four quantitative descriptors to measure disease.
- 307. Define Incidence Rate, Prevalence Rate, Relative Risk and Attributable Risk.
- 308. Ergonomics and its uses.
- 309. Occupational Diseases due to physical agents.
- 310. Main causes of Infant Mortality and specific measures to reduce it.
- 311. Benefits of Kangaroo Mother Care to the child, mother and hospital.

- 312. Health hazards of Solid Waste and brief on Dumping Method & its drawbacks.
- 313. IAP Immunisation Schedule.
- 314. National Diabetes control program.
- 315. What is Medical Entomology, add a note on the Role of Entomologist. Name the Vector Borne Diseases.
- 316. Principles of tertiary prevention.
- 317. Direct modes of disease transmission.
- 318. Impairment and Disability.
- 319. Determinants of health.
- 320. Indirect modes of disease transmission.
- 321. Brill Zinsser disease.
- 322. Clinical Classification of DM
- 323. Psychoactive drugs that increase drug dependence.
- 324. Clinical classification of hypertension.
- 325. Clinical classification of obesity.
- 326. Peri-pubertal age group.
- 327. Define Gerentology.
- 328. Communication process.
- 329. Define Nutritional epidemiology.
- 330. Classification of foods.
- 331. Saturated and unsaturated fatty acids.
- 332. Define Retinol equivalent.
- 333. Three forms of Beriberi.

- 334. Wernick's enecephalopathy.
- 335. What is prudent diet?
- 336. Draw and write the contents of food guide pyramid.
- 337. Nalgonda technique.
- 338. What are the toxic manifestations of fluorosis?
- 339. Define larythism and write about the types.
- 340. What are the methods to assess nutritional status?
- 341. Define malnutrition and write about its categories.
- 342. Mention the 8 community nutrition programmes.
- 343. Define coal worker's pneumoconiosis.
- 344. What is Plumbism?
- 345. Define factory.

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