



KMCT

COLLEGE OF ALLIED HEALTH SCIENCES

Affiliated to Kerala University of Health Sciences and approved by Govt. of Kerala

TO WHOMSOEVER IT MAY CONCERN

This is to certify that the information in the attached documents is verified by me and is true to the best of my knowledge.




Principal
Principal
KMCT College of Allied Health Sciences
P.O. Manassery, Mukkam
Kozhikode, Pin - 673602

Muthalam, Mukkam, Kozhikode - 673602

☎ 0495-2296522, 2986522, 9526013000

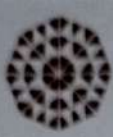
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5.1.2 Capability enhancement and development schemes employed by the Institution for students



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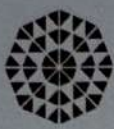
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ACADEMIC YEAR 2022-2023



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1. Soft skill development

The program "Teamwork and Collaboration" was conducted on 10-02-2023 at KMCT CAHS, with Prof. Dr. Santheep Sankar, Director cum Principal of KMCT CAHS, serving as the speaker. This program emphasized the significance of collaboration and teamwork, encouraging students to effectively work together in their academic pursuits and to support each other in accomplishing shared objectives.



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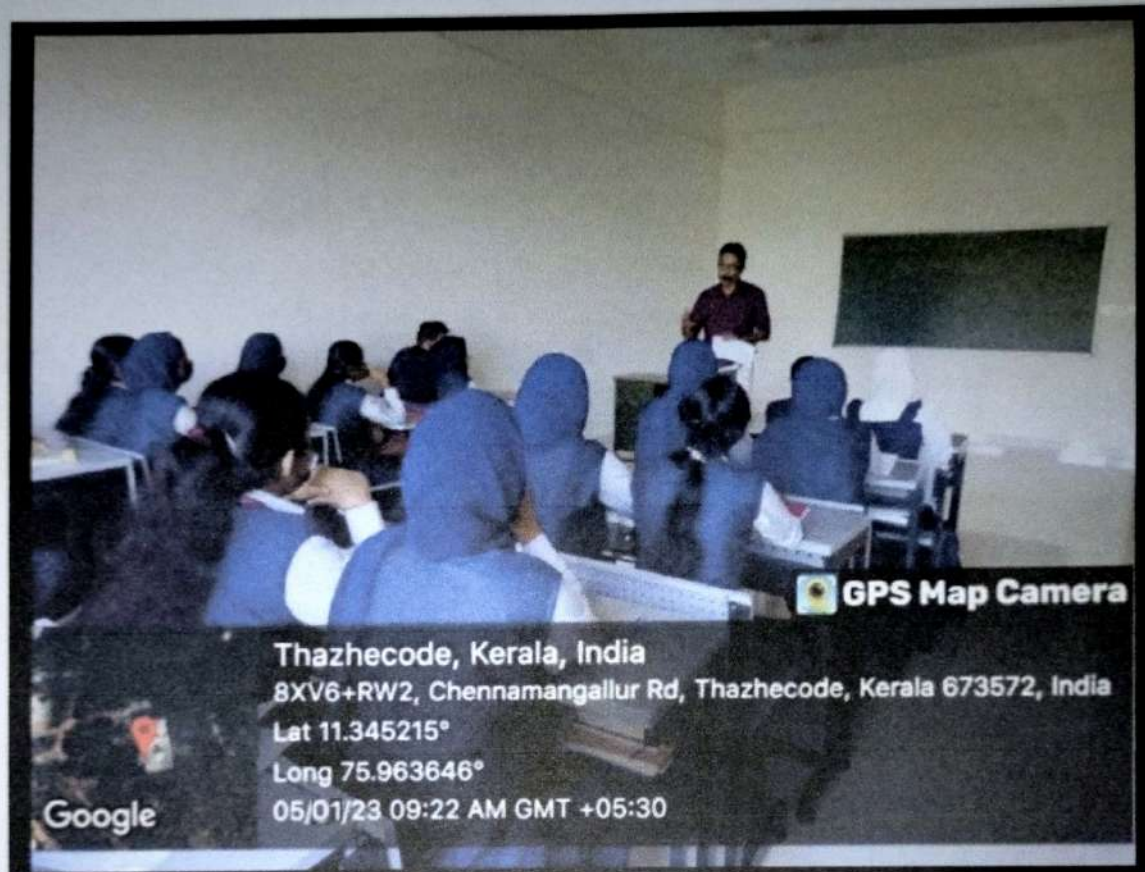
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2. Language and communication skill development

The "Effective Communication Skill Development" program was conducted on 05/01/23 by Mr. Lal Jose at Seminar Hall, KMCT CAHS, emphasizing practical methods to enhance communicative language proficiency. The program primarily focused on refining verbal and non-verbal communication skills, fostering active listening, and encouraging effective interaction.



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3. Yoga and wellness

The "Yoga and Wellness" class was conducted on 21/6/22 at KMCT CAHS auditorium by Dr. Bahja Janu, Chief Medical Officer of Hygiene Naturopathy Hospital, Chennamangallur. The purpose of the yoga and wellness classes was to promote a holistic well-being among students, addressing their physical, mental, and emotional health. These sessions aimed to enhance students' flexibility, strength, balance, and endurance, helping them to alleviate stress and focus on their academics with ease.



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4. Analytical skill development


The "Data analysis and Interpretation Development" program conducted on 04/04/2023 by Prof. Dr. VIJAY SELVAN, HEAD OF PHYSIOTHERAPY DEPARTMENT- KMCT CAHS at the seminar hall. This program provides students a training on statistical analysis techniques, data visualization, and interpretation of research findings. It also covers the use of software tools for data analysis.




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5. Human value development

A program on "Eye donation" conducted at kmct CAHS auditorium on 13/10/22. The session by Dr Aswathi unnikrishnan.M.k, Consultant ophthalmologist. This program can focus on cultivating empathy and compassion on students. It includes role-playing, and discussions to enhance their ability to understand and connect with the emotions and experiences of others.



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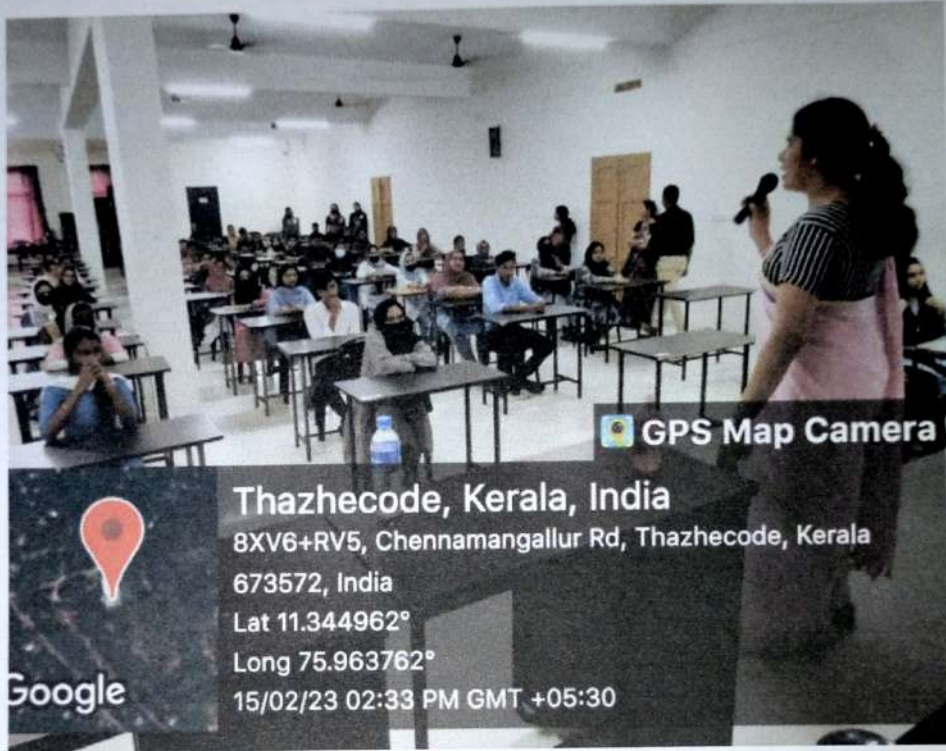
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6. Personality and professional development

The "BUILD YOUR MIND FOR EXCELLENCE" personality and professional development program, led by Ms. Apsana, psychologist cum counselor, was conducted at KMCT on 15/02/2023. This student welfare and development initiative focused on fostering leadership skills among students, providing insights into various leadership styles, effective communication, decision-making, and strategies for motivating and inspiring others



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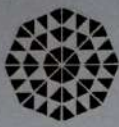
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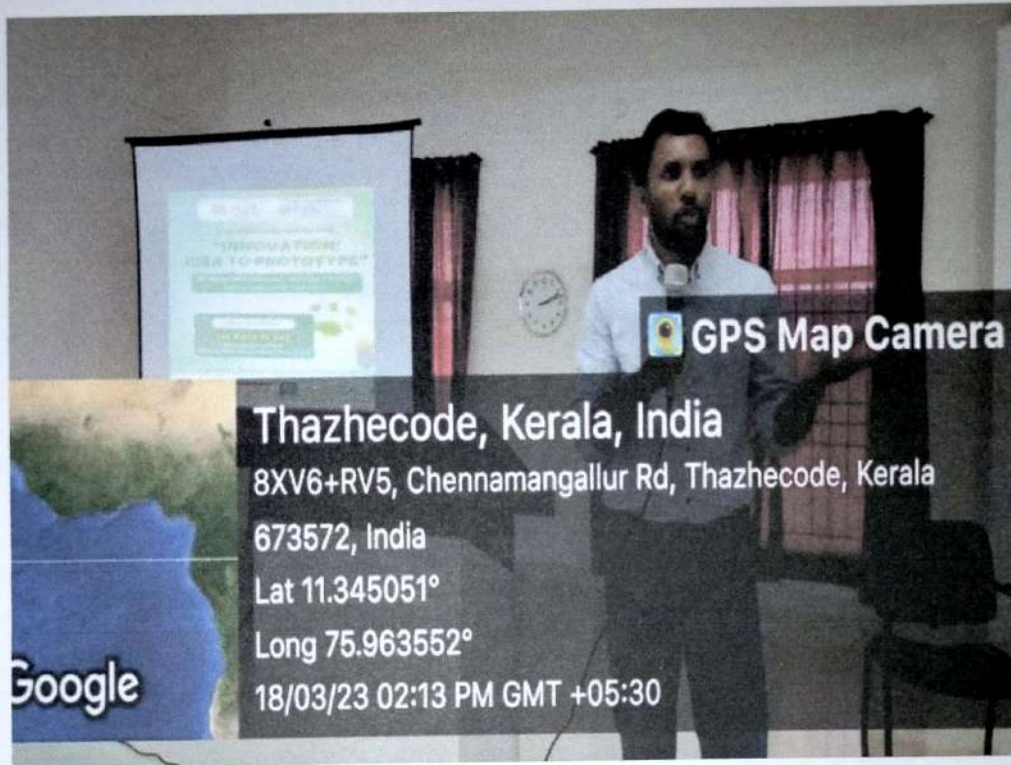
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7. Employability skill development

The session on "INNOVATION IDEA TO PROTOTYPE" took place on 18/03/2023 at the examination hall, KMCT CAHS. Mr. Rony K. Roy, an innovation officer from the KMCT Innovation and Incubation Council, served as the resource person. The constantly evolving job market was a focal point, and the session aimed to help students become adaptable and open to change, as well as willing to learn new skills and technologies.



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ACADEMIC YEAR 2021-2022




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1. Soft skill development

The "Time Management and Organization" program took place on 24/2/22 at KMCT CAHS, with Prof. Dr. Santheep Sankar, Principal of KMCT CAHS, as the speaker. The program aimed to assist students in developing strategies for prioritizing tasks, managing their workload efficiently, and maintaining a healthy academic life.



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3. Yoga and wellness

The class was conducted on 21/06/2021 at KMCT CAHS seminar hall by Dr. Bahja Janu, Chief Medical Officer of Hygiene Naturopathy Hospital, Chennamangallur. The purpose of the yoga and wellness classes was to promote holistic well-being among students, addressing their physical, mental, and emotional health. These sessions aimed to enhance students' flexibility, strength, balance, and endurance, allowing them to manage stress and focus on their academics with ease.



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4. Analytical skill development

A session on Research Methodology was conducted in batches by Mrs. Prabisha K.P, Associate Professor, Department of MLT, KMCT-CAHS, on 03/03/22, 04/03/22, and 05/03/22. The program focused on research design, data collection methods, and research ethics, teaching students how to formulate research questions, design studies, and analyze data to contribute to evidence-based practice in their respective fields.



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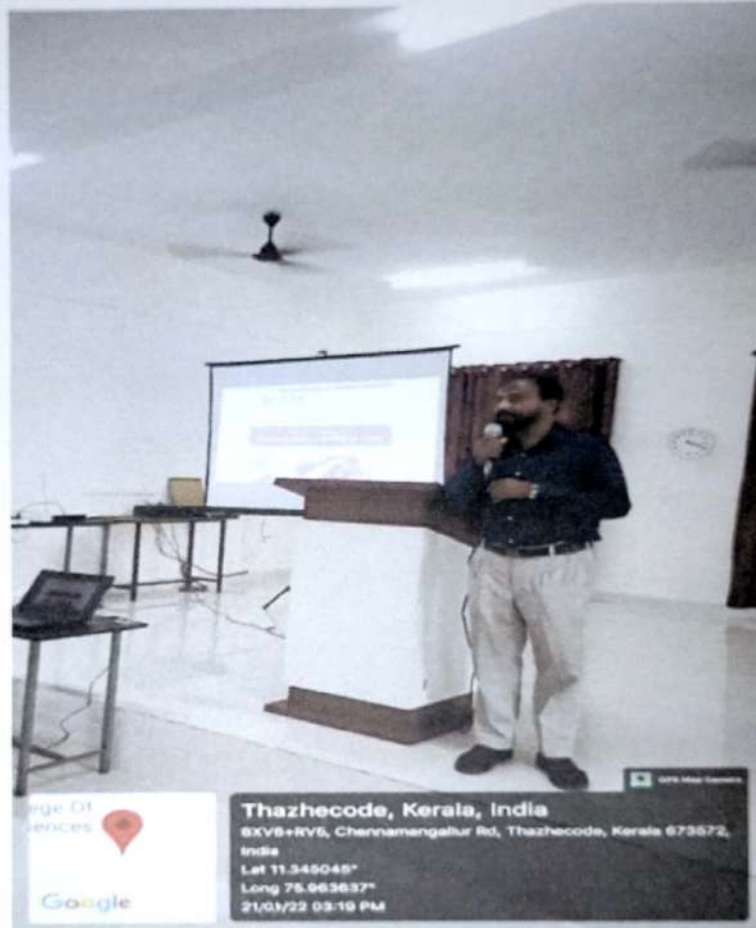


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5. Human value development

A session on "The Humanity in Palliative Care" was conducted at KMCT CAHS auditorium on 21/1/2022. The speaker for the session was Mr. Shareefudheen P.K. The program emphasized cultivating empathy and compassion among students through role-playing and discussions, enhancing their ability to understand and connect with the emotions and experiences of others.



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6. Personality and professional development

A "Continuing Medical Education" program was conducted by the Department of Optometry on 28/03/22 at the KMCT Dental College Auditorium, Manassery. The program aimed to update participants on the latest advancements in their field, enhancing their knowledge and skills to enable them to provide the highest quality care to their patients.



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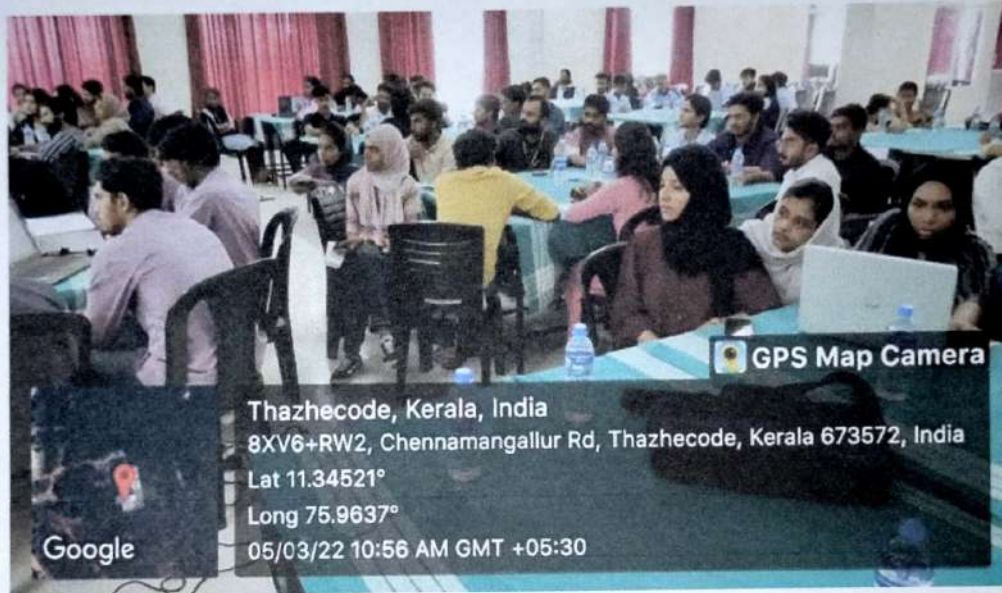
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8. Employability skill development

The program on "PROFESSIONAL DEVELOPMENT SKILLS" took place on 05/03/2022 at the KMCT CAHS Auditorium, organized by the IEDC. Recognizing the constantly evolving job market, the session aimed to help students adapt to change, while fostering a willingness to learn new skills and technologies.




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ACADEMIC YEAR 2020-2021



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1. Soft skill development

The scheme "conflict resolution and problem solving" held on 4/11/2020 at KMCT CAHS seminar hall II. The speaker of the scheme was Prof. SANTHEEP. S, PRINCIPAL OF KMCT CAHS. This program help students to develop skills to handle conflicts and disagreements constructively, as well as techniques for problem-solving and decision-making in an academic setting.

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**CONFLICT
RESOLUTION
&
PROBLEM
SOLVING**
Resource Person
Prof. Santheep S.
(Director cum Principal- KMCT CAHS)

DATE: 04/11/2020
TIME: 10.00 am - 12.30 pm
VENUE: KMCT SEMINAR HALL II

Organized by IQAC & KMCT CAHS Students Union.



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2. Language and communication skill development

The "Effective Communication" skill development program was conducted on 12/01/2021 by Mr. Lal Jose, a faculty member at St. Thomas Academy for Research and Training Academy, Calicut, at KMCT CAHS Seminar Hall II, emphasizing practical aspects to enhance communicative language proficiency. This program focused on improving verbal and non-verbal communication skills, active listening, and effective interaction.

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Effective Communication

RESOURCE PERSON
Mr. Lal Jose, St. Thomas Academy For Research And Training

DATE: 12 / 1 / 2021
TIME: 02: 00 PM - 03: 40 PM
VENUE: Seminar Hall II

Organized By IQAC & KMCT CAHS Students Union



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3. Yoga and wellness

The classes were conducted on 21/04/2021 at the KMCT CAHS Seminar hall by Dr. Bahja Janu, the Chief Medical Officer at Hygiene Naturopathy Hospital, Chennamangallur. The yoga and wellness sessions aimed to promote students' holistic well-being, encompassing physical, mental, and emotional health. These classes were designed to improve students' flexibility, strength, balance, and endurance, facilitating a stress-free environment and enabling them to focus on their academics with ease.

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YOGA

YOGA SESSION

RESOURCE PERSON
Dr. Bahja Janu, Chief Medical officer, Hygiene Naturopathy Hospital, Chennamangallur

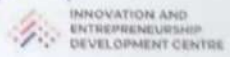
Date: 21/04/2021
Venue: Seminar Hall II

Organized by IQAC & KMCT CAHS Students Union

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4. Analytical Skill Development

The "Research Methodology" scheme conducted on 20-08-2020 by Mr. Sujesh, Sociology Dept, KMCT Medical College. This program focus on research design, data collection methods, and research ethics. Students can learn how to develop research questions, design studies, and analyze data to contribute to the evidence-based practice in their respective fields.





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RESEARCH METHODOLOGY

Resource Person: Mr. Sujesh
Lecturer, Sociology Dept,
KMCT Medical College.

DATE: 20/08/2020
TIME: 10:00 AM TO 03:40 PM

Organised by IQAC and KMCT CAHS Students Union



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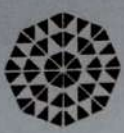
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5. Human Value Development

A blood donation camp conducted at KMCT CAHS on 12/06/20 organised by IQAC and Student Union, Department of MLT. This program focus on cultivating empathy and compassion on students. It include role-playing, and discussions to enhance their ability to understand and connect with the emotions and experiences of others.



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6. Personality and professional development

The program "Career Planing and Advancement" by Prof.Vijay Selvan. N, HOD, Department of Physiotherapy, KMCT CAHS on 18/04/2021 at KMCT CAHS seminar hall II .This program assist students in developing a career plan and setting goals for professional growth. They learn about opportunities for advancement, strategies for professional development, and techniques for career transition.

The poster is for a seminar titled "CAREER Plan & Advancement". It features the KMCT logo at the top left. The main title "CAREER" is in large, bold, white letters, with "Plan & Advancement" in a smaller, black, handwritten-style font below it. To the right of the title is a cartoon drawing of a person with a large head, holding a document. Below the title, it says "RESOURCE PERSON" and "PROF DR.VIJAY SELVAN (HOD OF PHYSIOTHERAPY DEPARTMENT)". At the bottom, it provides the date "DATE: 18/04/2021", time "Time: 2:00 pm - 03:40 pm", and venue "VENUE: KMCT CAHS SEMINAR HALL II". It also mentions it is "organized by IQAC & KMCT CAHS Students Union". There are small icons of a laptop and a smartphone on the poster.



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7. Employability skill development

A session on “Quality Assurance and Accreditation” conducted on 23/07/2020 at KMCT CAHS. The resource person was Prof. Santheep S, Principal, KMCT CAHS. This program focuses on quality assurance and accreditation processes in Allied Health Education. Students can learn about accreditation standards, quality improvement strategies and techniques for program evaluation to maintain high standards of education.

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QUALITY ASSURANCE
&
ACCREDITATION
RESOURCE PERSON
PROF. SANTHEEP S.
(DIRECTOR CUM PRINCIPAL - KMCT CAHS)

Date: 23/07/2020
Time: 10: 00am - 12: 45 pm
Venue: KMCT CAHS Auditorium

Organized by IQAC & KMCT CAHS Students Union.



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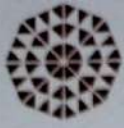
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ACADEMIC YEAR 2019-2020




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1. Soft skill development

A session on "Emotional Intelligence and Empathy" held on 10/7/2019 at KMCT CAHS. The speaker of the scheme was Prof. SANCHEEP SANKAR, PRINCIPAL OF KMCT CAHS. This program focus on developing emotional intelligence, empathy in students, fostering a positive and inclusive learning environment.

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Emotional Intelligence and Empathy

Learn to understand and connect better.

Resource Person: Prof. Santheep Sankar
Director cum Principal
KMCT CAHS

10/07/2019 at 3PM TO 4PM
KMCT CAHS AUDITORIUM

Organised by IQAC and KMCT-CAHS Students Union



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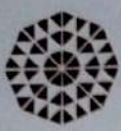
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2. Language and communication skill development

The program on "Enhancing Communication Skills" took place on 02/08/2019, led by Professor Vijay Selvan. N, the Head of the Department of Physiotherapy at KMCT-CAHS. The program aimed to go beyond theoretical concepts and instead focused on practical methods to improve both verbal and non-verbal communication skills, as well as promoting active listening and effective engagement.

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EFFECTIVE COMMUNICATION AND SKILL DEVELOPMENT

SPEAKER: PROF. VIJAY SELVAN N
HOD -DEPARTMENT OF PHYSIOTHERAPY
KMCT CAHS

02/08/2019
12-1 PM
SEMINAR HALL, KMCT CAHS
Organised by IQAC and Students Union



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3. Yoga and wellness

This classes conducted on 3/4/2020 at KMCT CAHS Auditorium by Dr.BAHJA JANU, Chief Medical Officer, Hygiene Naturopathy Hospital ,Chennamangallur . The yoga and wellness classes is to promote students a holistic well-being, encompassing physical, mental, and emotional health.it helps improve flexibility, strength, balance, and endurance of students. So that they can be stress free and focus on their academic with easiness.

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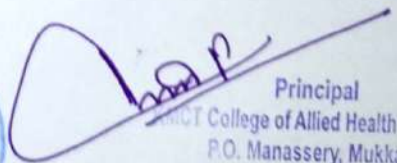
YOGA SESSION

Dr.Bahja Janu Chief Medical Officer

03/04/2020
10-11 AM
KMCT CAHS
AUDITORIUM


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4. Analytical skill development

A session on critical appraisal of research conducted on 03/03/2020 as a webinar by Mr. Durgesh, community medicine, KMCT Medical College. This program provides students with the skills to critically appraise and evaluate research studies, including assessing study design, validity, and reliability of research findings.

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**WEBINAR ON
CRITICAL
APPRAISAL OF
RESEARCH**

**03/03/2020
2-4 pm**

**Mr. Durgesh
Department of Community Medicine
KMCT Medical College**

Organised by IQAC and Students Union



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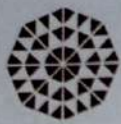
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5. Human Value Development

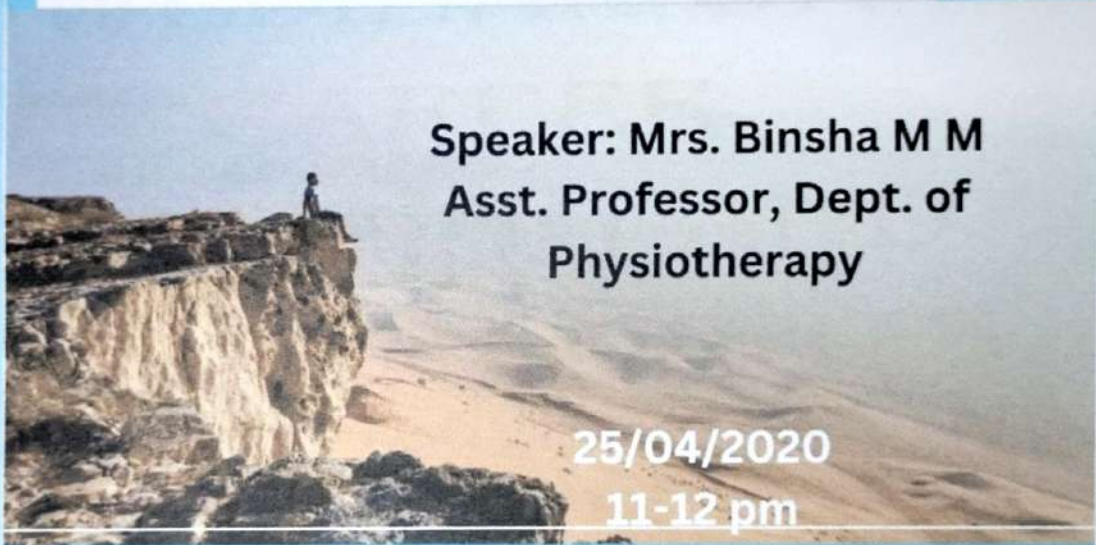
A webinar on Self reflection and personnel growth by Mrs. Binisha, inhouse faculty on 25/4/2020. This program encourage students to engage in self-reflection and self-awareness activities. They can explore their values, strengths, and areas for improvement, fostering personal growth and continuous self-development.

Embrace your growth potential



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Speaker: Mrs. Binsha M M
Asst. Professor, Dept. of
Physiotherapy

25/04/2020

11-12 pm

Webinar on Self Reflection and Personal Growth

Organised by IQAC and KMCT CAHS Students Union



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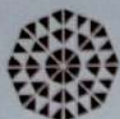
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6. Personality and professional development






A Webinar on "Career Planning and Advancement" by Prof. Vijay Selvan. N, the Head of the Department of Physiotherapy at KMCT-CAHS was conducted on 26/4/2020. This program assist students in developing a career plan and setting goals for professional growth. They can learn about opportunities for advancement, strategies for professional development, and techniques for career transition.



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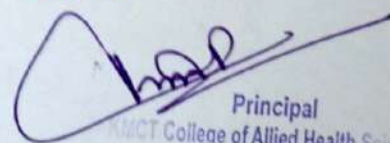
WEBINAR ON CAREER PLANNING AND ADVANCEMENTS

    **Prof. Vijay Selvan N**
HOD, Department of
Physiotherapy
26/04/2020
3 to 4 pm 



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7. Employability skill development

A session on "Clinical leadership and Management" on 04/12/2019 by Prof. Santheep .S, Director cum Principal, KMCT CAHS. This program aims to develop students' leadership and management skills specific to clinical settings. They can learn about clinical governance, resource management, patient safety, and strategies for effective team leadership.

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Clinical Leadership and Management.

Prof. Santheep S
Director cum Principal,
KMCT CAHS

04/12/2019
10-11 am

Enhance your skills, lead with confidence.

Organised By IQAC and KMCT CAHS Students Union



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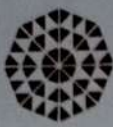
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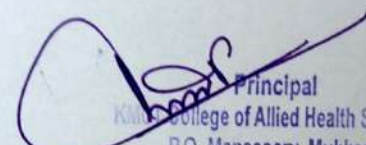
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1. Soft skill development

The scheme "Stress Management and Self-Care" held on at KMCT Medical College lecturer hall on 09/08/2018. The speaker of the scheme was Prof. SANTHEEP. S, DIRECTOR CUM PRINCIPAL OF KMCT CAHS. This program provide students with strategies for managing stress, promoting self-care, and maintaining their well-being in a demanding academic environment.




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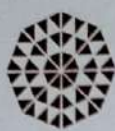
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2. Language and communication skill development

The "Effective Communication Skill Development" program conducted on 17/10/2018 by Prof. Vijay Selvan. N, the Head of the Department of Physiotherapy at KMCT-CAHS. The program aimed to go beyond theoretical concepts and instead focused on practical methods to improve both verbal and non-verbal communication skills, as well as promoting active listening and effective engagement.

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**EFFECTIVE
COMMUNICATIVE
SKILL DEVELOPMENT**

RESOURCE PERSON
Prof. Vijay Selvan N.
(HOD OF DEPT OF PHYSIOTHERAPY)

DATE: 17.10.2018
TIME: 02:00 PM - 03:40 PM
VENUE: Seminar Hall II

Organized by IQAC & KMCT CAHS Students Union



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3. Yoga and wellness

This classes conducted on 21/6/18 at KMCT CAHS by Dr. BAHJA JANU, Chief Medical Officer, Hygiene Naturopathy Hospital, Chennamangallur. The yoga and wellness classes is to promote students a holistic well-being, encompassing physical, mental, and emotional health. It helps improve flexibility, strength, balance, and endurance of students so that they can be stress free and focus on their academic with easiness.

The poster features the KMCT logo at the top center, with the text 'KMCT COLLEGE OF ALLIED HEALTH SCIENCES' below it. The word 'YOGA' is written in large, bold, black letters. To the left of 'YOGA', there is a white box containing the text 'Date: 21/06/2018' and 'Venue: Seminar II hall II'. In the center, there is a silhouette of a person in a yoga pose (Padmasana) with a lotus flower behind them. To the right of the silhouette is a circular portrait of Dr. Bahja Janu, a woman wearing a white lab coat and a patterned hijab. Below the silhouette, the text 'RESOURCE PERSON' is written in bold, orange letters, followed by 'Dr. Bahja Janu, Chief Medical officer, Hygiene Naturopathy Hospital, Chennamangallur'. At the bottom of the poster, it says 'YOGA SESSION' and 'Organized by IQAC & KMCT CAHS Students Union'. The entire poster is framed with decorative leaf patterns on the sides.



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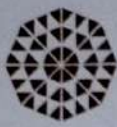
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4. Analytical skill development

The "Data Analysis and Interpretation" scheme conducted on 12/9/2018 by Mrs. Safa C., inhouse faculty. This program provides students training on statistical analysis techniques, data visualization, and interpretation of research findings. It also covers the use of software tools for data analysis.

The poster features a light green background with yellow flowers in the corners. At the top left is the KMCT logo. The text is centered and reads: "DATA ANALYSIS AND INTERPRETATION", "Resource Person Mrs. Safa C. (Associate Professor, DEPT OF PHYSIOTHERAPY, KMCT CAHS)", "Date : 12/09/2018", "Venue: Seminar Hall I", and "Organized by IQAC & KMCT CAHS Students Union".



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5. Human value development

A program on "Patient-Centered Care" was conducted on 07/10/2018 at KMCT CAHS Auditorium. The session was led by Prof. Santheep Sankar, Director cum Principal, KMCT CAHS. This program focus on the principles of patient-centered care, emphasizing the importance of empathy, communication, and collaboration with patients and their families. Students learn techniques for active listening, shared decision-making, and addressing patient needs and preferences.

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PATIENT CENTERED CARE

RESOURCE PERSON
PROF. SANTHEEP S.
(DIRECTOR CUM PRINCIPAL - KMCT CAHS)

Date: 07/10/2018
Time: 10:00 am - 12:45 pm
Venue: KMCT CAHS Auditorium

Organized by IQAC & KMCT CAHS Students Union.



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6. Personality and professional development

A program "Stress Management" conducted by Prof. Vijay Selvan.N, Head of Physiotherapy Department- KMCT ACHS on 22/1/2019 at Seminar Hall- KMCT CAHS. The program equipped students with strategies to effectively manage their time, prioritize tasks, and alleviate stress, while also imparting techniques for achieving work-life balance, setting boundaries, and maintaining overall well-being.

22/01/2019

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STRESS MANAGEMENT

RESOURCE PERSON
PROF. VIJAY VIJAY SELVAN N.
(PROFESSOR & HOD OF DEPT OF PHYSIOTHERAPY)

VENUE: SEMINAR HALL
TIME: 11:00 AM - 01:00 PM

Organized by IQAC & KMCT CAHS Students Union.



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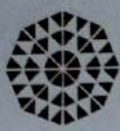
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7. Employability skill development

A Business plan session for students conducted by SNES Institute of Management Studies and Research Center, Calicut on 19th November 2018. The job market is constantly evolving, and this session helped students become more adaptable and open to change, as well as willing to learn new skills and technologies.



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